

EggXpress™  
Yourself!  
Playbook

All Aboard  
the

EggXpress!™





One morning, 12 friends were going on an adventure to the seashore.

“All aboard!”

**1, 2, 3, 4, 5, 6,  
7, 8, 9, 10, 11, 12.**

The 12 friends got on the bus. Off they went.

Ask your child to place the eggs inside the bus one by one and count aloud.

Soon, the friends arrived at the seashore. They all got off the bus.

**12, 11, 10, 9, 8, 7,  
6, 5, 4, 3, 2, 1.**

Ask your child to remove the eggs one by one and count backwards.



One friend spotted a huge seashell  
in the sand. Her eyes opened wide.

How was she feeling?

**Surprised!**

One friend built a sandcastle  
for the very first time.

How was he feeling?

**proud!**

Give your child  
the Mirror Card and  
ask them to express  
these emotions.



"My tummy hurts," a friend said.  
"It feels flip-floppy from riding  
on the bus."

How was he feeling?

**Sick.**

"Let's fly a kite!" his friend said.

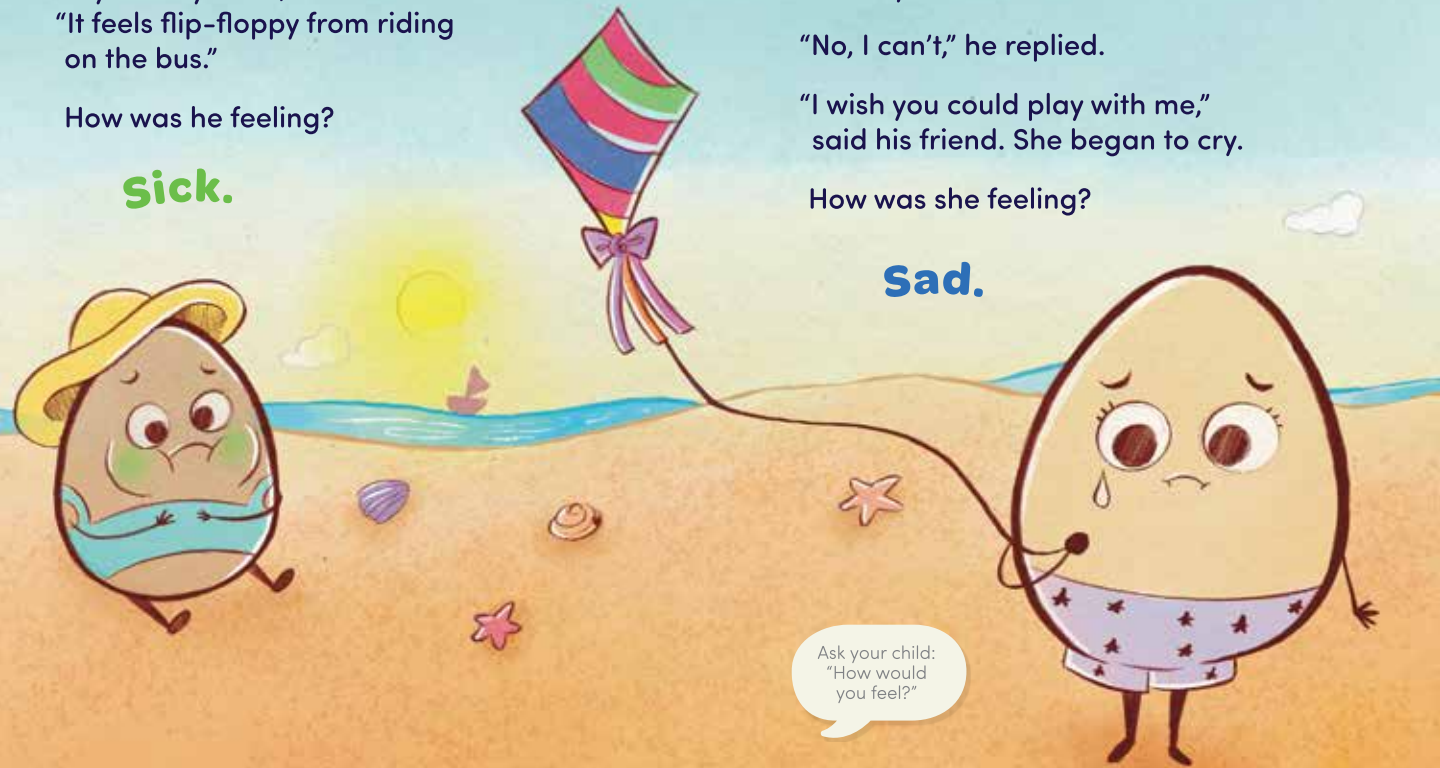
"No, I can't," he replied.

"I wish you could play with me,"  
said his friend. She began to cry.

How was she feeling?

**Sad.**

Ask your child:  
"How would  
you feel?"



One friend wasn't sure which  
pail and shovel was his.

How was he feeling?

**confused.**

One friend stood all alone  
because he was new.

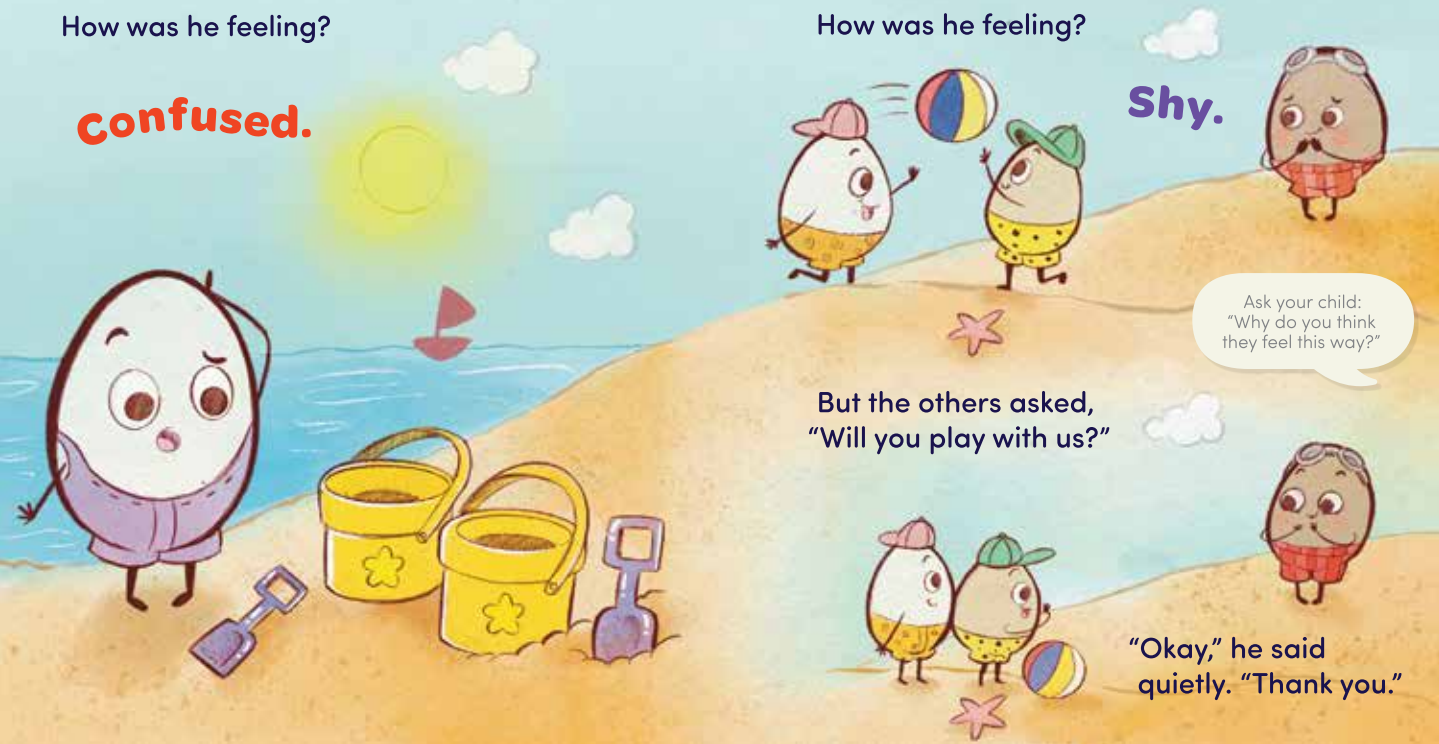
How was he feeling?

**Shy.**

Ask your child:  
"Why do you think  
they feel this way?"

But the others asked,  
"Will you play with us?"

"Okay," he said  
quietly. "Thank you."







One friend's tummy grumbled, so she got out her sandwich.

How was she feeling?

**Hungry.**



The seagull grabbed a sandwich and flew away with it!

"Naughty bird!" shouted the friend. She frowned.

How was she feeling?

**Angry.**



Suddenly, a big seagull swooped down. A friend ducked his head and yelled, "Eek!"

How was he feeling?

**Scared.**



Ask your child:  
"How else might they be feeling?"



One friend lay down and yawned.  
"I ran and jumped and swam!  
Now I need a nap."

"Oh!" One friend waved her hands.  
"This was the best day ever!"

How was she feeling?

**Happy.**

How was he feeling?

**Tired.**



Ask your child to pick out the matching Expression Cards.

"Time to go! All aboard the EggXpress!"

One friend thought  
he missed the bus.

"Don't worry," his friends  
told him. "We would  
never leave without you."

How was he feeling?

**Loved.**

Ask your child to  
identify the egg  
expressing the same  
feeling.



**1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12.**

The 12 friends got on the bus. Off they went.

They'll have more adventures tomorrow!



Ask your child to place  
the eggs inside the bus one  
by one and name each  
feeling or emotion.

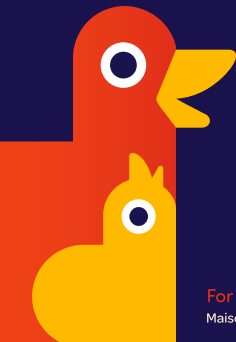


## FREE PLAY

Encourage your child to play with the eggs, bus, and cards as they please! Being in control of playtime can boost little ones' confidence, nurture their curiosity, and give them a sense of independence.

## SHARED READING

*All Aboard the EggXpress™* was written for an interactive story time. Follow the activity prompts inside, then think of your own creative story time activities!



## PLAY GUIDE

### SOCIAL-EMOTIONAL ACTIVITIES

For practice matching facial expressions with emotions or feelings, give an egg to your child and describe how it looks. Then, give them the Mirror Card and ask them to imitate the egg's facial expression.

Ask your child the questions on the Expression Cards—they're open-ended to facilitate dynamic conversations!

### PATTERN MATCHING ACTIVITIES

Pattern matching requires kids to focus on details, which will help them with math and reading later on!

Take apart the eggs, mix 'em all up, then ask your child to find matching pieces and put them back together.

Give an egg to your child and ask them to find the matching Expression Card.